



Mover/Helper

OUTLINE for Mover/Helper:

Under the supervision of a driver/crew chief, movers/helpers assist with moving, packing, wrapping, inventory, and transport of household goods and/or commercial equipment for residential and commercial customers. He/she represents the company in a professional manner to ensure a positive customer experience.

QUALIFICATIONS for Mover/Helper:

- Experience is preferred, but we will train eager, motivated, reliable candidates.
- Must be able to communicate clearly and concisely with other crew members, clients, and move consultants.
- Capable of lifting 70 lbs. repeatedly and on a regular basis.
- Must successfully pass a criminal background investigation and pre-employment drug test.
- Available to work six days per week.

DUTIES AND RESPONSIBILITIES for Mover/Helper:

- Assists/helps with the pick-up (loading), transportation, and delivery (unloading and placement) of household goods and commercial equipment in accordance with established standards and procedures.
- Follows instruction from crew leader and adheres to all company policies and safety rules.
- Behaves in a professional manner.
- Performs all duties in adherence with company safety standards.
- Performs work within the specifications of the estimate of man hours.
- Must wear company-approved uniform and maintain a clean and professional appearance while representing the company and providing service to customers.
- Display professional conduct, courtesy, and manners when entering and performing work in the customer's home or office.
- Respectful of customer's property and personal space.

Able Moving & Storage is a highly respected moving and storage firm located in Northern Virginia. Founded in 1987, Able Moving & Storage is a family owned company, and one of the largest independent moving companies in the Washington Metropolitan Area.

Able's dedicated leadership and employees consistently work to provide the best, most professional, responsive, and safe relocation services available to corporate, government, residential, and commercial clients on the move. In the role of client advocate, Able Moving & Storage brings extensive management, planning, and



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operations experience in performing the necessary solutions for your firm's relocation needs. Able performs requirements under various contracts with large corporations as well as with the U.S. Government. We are familiar with all requirements necessary to ensure the safe, secure, and efficient packing, transportation, unpacking, and storage for domestic and international relocations.

Professional services provided from Able Moving & Storage, Inc. include:

- Household Relocations
- Office and Industrial Moving and Relocation
- Containerized Storage, Receiving & Distribution Services
- Commercial/Office Relocation

Required experience:

- 1 year of moving experience preferred, but not required.

Required education:

- High school or equivalent