



Moving & Storage

**Authorized Federal Supply Schedule FSS Price List
Multiple Award Schedule
FSC Group: Office Management**

**Able Moving and Storage, Inc.
8050 Wellingford Dr
Manassas, Virginia 20109-2478
Phone: (703)-330-3772
Fax: (703)-330-2771**

<https://ablemoving.com/>

**Contract Administrator: Danny Singleton
Contact: dsingleton@ablemoving.com**

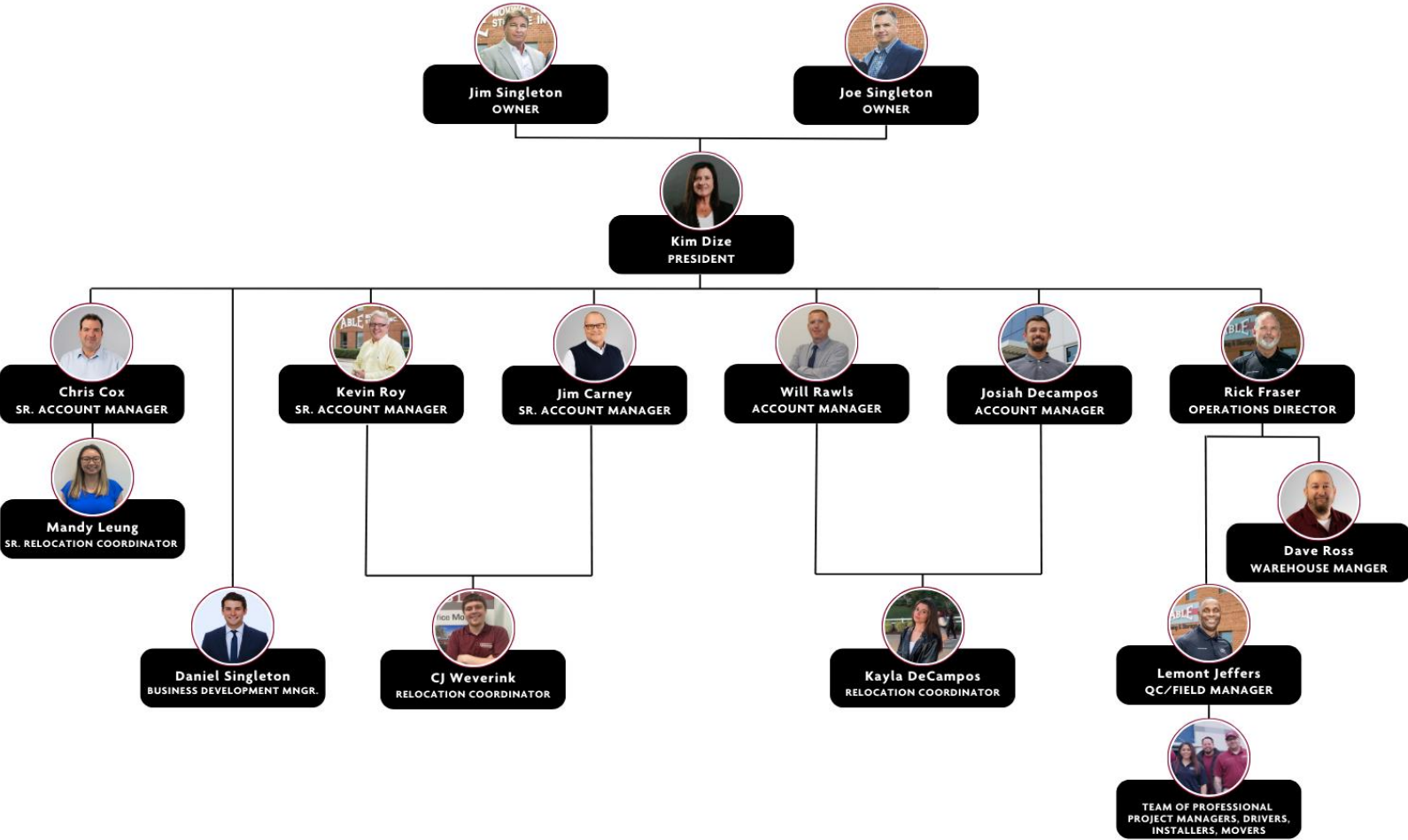
Contract Number: 47QSMA23D08PA
Contract Period: March 22, 2023, through March 21, 2028
Price List is current through Award dated March 21, 2023
Business Size: Other Than Small
Cage Code: 1QSX5
DUNS number: 62-223-4763
SAM UEI: FHWBGTGK4629
NAICS Code: 541614



Meet the Able Team



Commercial Division Organization Chart





Office Relocation Services

- Local & Long Distance Office Moving
- Packing
- Project Management
- Furniture Installation & Reconfigurations
- IT Disconnect/Reconnect
- Short & Long-term Storage
- Inventory & Asset Management
- FF&E Receiving & Storage
- Liquidation & Decommissioning

Quick Response Time



Professional & Caring
Customer Service



Trained & Certified
Moving Experts



Terms & Conditions

- 1a. Table of awarded special item number(s) with appropriate cross-reference to item descriptions and awarded price(s).

SIN	Recovery	SIN Description
541614OR	541614OR/RC	Office Relocation and Reconfiguration
OLM	OLMRC	Order-Level Materials

- 1b. Identification of the lowest priced model number and lowest unit price for that model for each special item number awarded in the contract. This price is the Government price based on a unit of one, exclusive of any quantity/dollar volume, prompt payment, or any other concession affecting price. Those contracts that have unit prices based on the geographic location of the customer, should show the range of the lowest price, and cite the areas to which the prices apply. *See Page 7*

- 1c. If the Contractor is proposing hourly rates, a description of all corresponding commercial job titles, experience, functional responsibility and education for those types of employees or subcontractors who will perform services shall be provided. If hourly rates are not applicable, indicate "Not applicable" for this item. *See Page 4*

2. **Maximum Order:** \$500,000.00

3. **Minimum Order:** \$100.00

4. **Geographic Coverage (delivery Area):** Domestic

5. **Point(s) of production (city, county, and state or foreign country):** Same as Contractor

6. **Discount from list prices or statement of net price:** Government net prices (discounts already deducted).

7. **Quantity discounts:** None

8. **Prompt payment terms:** None, Net 30 Days. *Information for Ordering Offices: Prompt payment terms cannot be negotiated out of the contractual agreement in exchange for other concessions.*

9. **Foreign items (list items by country of origin):** Not Applicable

10a. **Time of Delivery (Contractor insert number of days):** 30 DARO

Terms & Conditions

10b. Expedited Delivery. The Contractor will insert the sentence “Items available for expedited delivery are noted in this price list.” under this heading. The Contractor may use a symbol of its choosing to highlight items in its price list that have expedited delivery:

Contact Contractor

10c. Overnight and 2-day delivery. The Contractor will indicate whether overnight and 2-day delivery is available. Also, the Contractor will indicate that the schedule customer may contact the Contractor for rates for overnight and 2-day delivery: *Contact Contractor*

10d. Urgent Requirements. The Contractor will note in its price list the “Urgent Requirements” clause of its contract and advise agencies that they can also contact the Contractor’s representative to affect a faster delivery: *Contact Contractor*

11. F.O.B Points: *Origin freight pre-paid*

12a. Ordering Address: *Same as Contractor*

12b. Ordering procedures: *Se Federal Acquisition Regulation (FAR) 8.405-3.*

13. Payment address: *Same as Contractor*

14. Warranty provision: *Contractor’s Standard Commercial Warranty.*

15. Export Packing Charges (if applicable): *Not Applicable*

16. Terms and conditions of rental, maintenance, and repair (if applicable): *Not Applicable*

17. Terms and conditions of installation (if applicable): *Not Applicable*

18a. Terms and conditions of repair parts indicating date of parts price lists and any discounts from list prices (if applicable): *Not Applicable*

18b. Terms and conditions for any other services (if applicable): *Not Applicable*

19. List of service and distribution points (if applicable): *Not Applicable*

20. List of participating dealers (if applicable): *Not Applicable*

21. Preventive maintenance (if applicable): *Not Applicable*

22a. Special attributes such as environmental attributes (e.g., recycled content, energy efficiency, and/or reduced pollutants): *Not Applicable*

Terms & Conditions

22b. **If applicable, indicate that Section 508 compliance information is available on Electronic and Information Technology (EIT) supplies and services and show where full details can be found (e.g. contactor's website or other location.) The EIT standards can be found at:**
www.Section508.gov/ . *Not Applicable*

23. **Unique Entity Identifier (UEI) number:** *FHWBGTGK4629*

24. **Notification regarding registration in System of Award (SAM) database:** *Registered (1QSX5)*

Rates

The following GSA hourly labor rates are accepted from Able Moving & Storage for a contract award under GSA, MAS, Schedule **47Q SMA23D08PA**

Services	Year 1 March 22, 2023 – March 21, 2024, Hourly Rate	Year 2 March 22, 2024 – March 21, 2025, Hourly Rate	Year 3 March 22, 2025 – March 21, 2026, Hourly Rate	Year 4 March 22, 2026 – March 21, 2027, Hourly Rate	Year 5 March 22, 2027 – March 21, 2028, Hourly Rate
Driver w/Tractor Trailer	\$74.06	\$76.64	\$79.32	\$82.11	\$84.98
Driver w/ Straight Truck	\$67.00	\$69.35	\$71.78	\$74.29	\$76.89
Sr. Project Manager	\$69.12	\$71.54	\$74.05	\$76.63	\$79.32
Jr. Project Manager	\$64.18	\$66.43	\$68.76	\$71.16	\$73.65
Move Supervisor	\$44.33	\$45.88	\$47.49	\$49.15	\$50.87
Installer	\$39.66	\$41.05	\$42.49	\$43.98	\$45.52
Cubicle Installer	\$42.32	\$43.80	\$45.33	\$46.91	\$48.55
Installation Supervisor	\$49.87	\$51.62	\$53.42	\$55.29	\$57.23
PC Technician	\$47.86	\$49.53	\$51.26	\$53.06	\$54.91
Mover/Packer	\$34.26	\$35.46	\$36.70	\$37.97	\$39.30
Packing Supervisor	\$44.33	\$45.88	\$47.49	\$49.15	\$50.87
Warehouseman	\$36.27	\$37.54	\$38.85	\$40.21	\$41.62
Forklift Driver	\$49.37	\$51.10	\$52.90	\$54.75	\$56.67

Rates

Service Contract Labor Standards Matrix:

SCA/SCLS Matrix		
SCLS Eligible Contract Labor Category	SCLS Equivalent Code Title	WD Number
Driver w/ Tractor Trailer	31364 – Truckdriver Tractor Trailer	2015-4281
Driver w/ Straight Truck	31362 – Truckdriver Medium	2015-4281
Forklift Driver	21020 – Forklift Operator	2015-4281
Warehouseman	21410 – Warehouse Specialist	2015-4281
Mover/Packer	21050 – Material Handling Laborer	2015-4281
PC Tech	14160 – Personal Computer Support Technician	2015-4281
Installer	21110 – Shipping Packer	2015-4281
Cubicle Installer	21110 – Shipping Packer	2015-4281
Packing Supervisor	21030 – Material Coordinator	2015-4281
Installation Supervisor	21030 – Material Coordinator	2015-4281
Move Supervisor	21030 – Material Coordinator	2015-4281

The Service Contract Labor Standards, formerly the Service Contract Act (SCA), apply to this contract and it includes SCLS applicable labor categories. Labor categories and fixed price services marked with a (**) in this pricelist are based on the U.S. Department of Labor Wage Determination Number(s) identified in the SCLS/SCA matrix. The prices awarded are in line with the geographic scope of the contract (i.e., nationwide).

Rates

Product	Rate	UOI
Plastic Crate Rental 7-10 Day	\$3.25	Per Item
Plastic Crate Rental 2 week	\$5.39	Per Item
Plastic Crate Rental 3 week	\$8.09	Per Item
Plastic Crate Rental 4 week	\$10.27	Per Item
Legal Tote	\$3.71	Per Item
Commercial Bin	\$39.50	Per Item
Plastic Tape	\$4.94	Per Item
Stretch-wrap	\$39.50	Per Item
TV/Plasma Box	\$78.99	Per Item
Dish Pack	\$8.39	Per Item
Keyboard Bag	\$1.97	Per Item
Mirror Carton	\$12.34	Per Item
Coro-flex	\$177.73	Per Item
Path-rite	\$93.80	Per Item
Labels	\$19.75	Per Item
Paper-Pads (5-ply)	\$6.18	Per Item

Product	Rate	UOI
Bubble Wrap (250 ft.)	\$162.92	Per Item
Newsprint (25 lbs.)	\$32.58	Per Item
Purge/shred bin	\$123.43	Per Item
Pickup Shred Bins	\$370.28	Per Item
Shredding/lb	\$0.22	Per Item
Disposal/Dump by truckload	\$691.18	Per Item
Book Cart Rental	\$34.56	Per Item
Commercial Bin Rental	\$4.94	Per Item
Dolly Rental	\$4.94	Per Item
E-Scrap per bin load	\$172.80	Per Item
Disconnect/Reconnect	\$49.37	Per Item
Storage per sq ft/month	\$1.24	Square Foot
Warehouse Handling per sq ft in and out	\$1.24	Square Foot
Trailer Storage	\$78.99	Per Item
Transportation Charge	\$246.85	Per Item

Job Descriptions

Driver w/Tractor Trailer: The truck driver is responsible for safe loading, transportation and unloading of all designated furniture. Responsible for maintaining clean, safe, operating condition of assigned vehicles and equipment.

Driver w/ Straight Truck: The truck driver is responsible for safe loading, transportation and unloading of all designated furniture. Responsible for maintaining clean, safe, operating condition of assigned vehicles and equipment.

Sr. Project Manager: The external responsibilities of the project manager include working with customers to ensure all needs are met from the initial walkthrough until completion of the project. Internally, the project manager assumes responsibility for successful completion of project to include staying within scope of work and budget, ensures the expected schedule is met and/or exceeded, daily schedule and resource changes are made with operations and on-site management and responsibility of all crews.

Jr. Project Manager: The external responsibilities of the project manager include working with customers to ensure all needs are met from initial walkthrough until completion of the project. Internally, the project manager assumes responsibility for successful completion of project to include staying within scope of work and budget, ensures the expected schedule is met and/or exceeded, daily schedule and resource changes are made with operations and on-site management and responsibility of all crews.

Move Supervisor: The move supervisor serves as the liaison between the move crew and the project manager. The move supervisor is responsible for direct oversight of crew productivity and ensuring that customer and project managers benchmarks are met and/or exceeded.

Installer: The installer is responsible for hands-on assembly, disassembly and reassembly of all furniture associated to the assigned project. The installer reviews floor plans and exercises spatial reasoning skills. Inspects furniture for proper operability per manufacturer's guidelines.

Cubicle Installer: The installer is responsible for hands-on assembly, disassembly and reassembly of all furniture associated to the assigned project. The installer reviews floor plans and exercises spatial reasoning skills. Inspects furniture for proper operability per manufacturer's guidelines.

Installation Supervisor: The installation supervisor is the liaison between the installation crew and the project manager. The installation supervisor has oversight and responsibility for the assembly and disassembly of all furniture and systems furniture associated to the assigned project.

PC Technician: The PC technician is responsible for safe disconnect and reconnect of all computers associated to the project. Work may involve moving, storing, packing, loading, and transporting computers, computer accessories, and office equipment.

Mover/Packer: The mover assists in the pick-up (loading), transportation, and delivery (unloading and placement) of associated furniture and contents associated to assigned move in accordance with established standards, safety protocols, and procedures.

Job Descriptions

Pack Supervisor: The pack supervisor serves as the liaison between the pack crew and the project manager. The pack supervisor is responsible for direct oversight of crew productivity and ensuring that customer and project managers benchmarks are met and/or exceeded.

Warehouseman: The warehouse man retrieves, and distributes shipments, equipment and materials throughout warehouses in our Commercial Division. Follows schedules, work and shipping orders to determine items to be moved, gathered, distributed, loaded, unloaded or crated. Sorts and places materials or items on racks, pallets, trucks, or other storage system according to predetermined sequence such as size, type, style, color, or product code.

Forklift Driver: The licensed forklift operator will move packages and materials in, around and between our warehouses and to/from loading bays, utilizing the utmost care to ensure safety. Forklift operator will communicate directly with the Warehouse Manager to achieve optimum level of efficiency.

Substitutions

Contractor reserves the right to make the following substitutions in the education and/or experience requirements of any of the service skill categories set forth herein.

1. One year of experience is the equivalent of one year of education.
2. One year of education is the equivalent of one year of experience.
3. Certification related to technology is equivalent to two years of experience or an education requirement.